

Cincinnati United Southeast



U8-U18 Boys and Girls

“Bringing the Best Together!”

#1 Club in Cincinnati for Player Development



Mission & Structure

- The goal of Cincinnati United Soccer Club is to provide higher level of training and competition in community based locations to those players who have an interest in competing at a select level rather than recreational soccer.
- Through the teamwork of licensed coaches and a professional training staff, we strive to instill passion, skillful play, teamwork, sportsmanship and respect for one another through the game of soccer

Competitive Silos

Southeast

Sycamore / Mason

Lakota / Monroe

Premier Program

U15-18 CUP

U11-14 CUP South

U11-14 CUP North

Development Academy

Girls: CDA U14-18

Boys: U11-14

CU Southeast Directors of Coaching

- Brian Berning, Southeast DOC
 - brianberning@Hotmail.com
 - 513.391.7804
- Andre Sharpe, U13–18 & Boys CUP South U11–13
 - andresharpe81@yahoo.com
 - 513.886.5318
- Jon Pickup, U8–12 Girls & Girls CUP South U11–14
 - jonpickup1974@gmail.com
 - 513.470.0068
- Alan Grothaus, U8–12 Boys
 - agrothaus@cinci.rr.com
 - 513.703.7464

[Training Locations]

- Outdoor training / home game locations
 - Newtown Complex (CU)
 - Short Park (Village of Newtown)
 - Clear Creek (Anderson Township Park District)
 - Amelia Complex (CU/GSE)
 - Alternative synthetic high school fields throughout the area in November, February & March
- Indoor training locations
 - Cincinnati Sports Club
 - Beechmont Racquet Club

Training locations may change based on field availability

[Training]

- CU teams, twice per week during fall and spring seasons
- U13–18 CUSE Elite, CUP and DA will have 3–4 sessions per week
- Timeline
 - Fall Season: mid August through October
 - Winter Training: January through March
 - Spring Season: mid March through May
- Additional Training Provided
 - Fall camp: 3–4 days of training prior to the fall season beginning
 - Goalkeeper: included in Club Fee
 - Specific GK training for older age groups
 - Optional training for younger age groups where we rotate all players through the position

[Player Development]

- It's all about the kids!
- Develop the person first, then the athlete and finally the player
- Player development will focus on the following:
 - Technical skills with the ball; tactical skills without the ball
 - Create environment where the players are free to try new skills and not be afraid to fail; failing is how we learn
 - Soccer IQ and challenging players to think and solve problems in training that translate into the game
 - We must teach the players to think and make decisions for themselves
 - Focus on what was learned rather than did we win
- Policy Regarding Participation in Other Sports
 - Multiple sports are encouraged; expect that CU is the primary soccer program
 - Commitment levels are dependent on age group and determined by coach and DOC
 - Most players participate in other sports during winter and summer months

[Parent Development]

- Remember: It's all about the kids!
- Parents play a critical role in the development of their child
 - Provide positive reinforcement of good play to all players on the field
 - The players will make more mistakes than the referees so allow them to officiate; if you would like to become an official contact a DOC for additional information
- Why we shouldn't coach from the sideline
 - Players must learn to make decisions for themselves
 - What you see from the sideline may not be what your child sees on the field
 - It's ok if your child makes a mistake; that's how they learn
 - Your message may conflict with what the coach is instructing
 - Your message is probably late: by the time your child hears you, understands the message and makes the play you instruct that option is probably not there any longer

Code of conduct – Player

- Be at the field on time. Make sure you are rested and in uniform for each game.
- Support your coach and follow his/her rules. If something is bothering you, talk with your coach in private.
- Have fun and be positive; don't criticize your teammates, help them to be better
- If fouled, don't retaliate.
- Show respect and courtesy to referees, opponents, coaches and parents.
- Accept the results of each game and be gracious to your opponents, win or lose.
- Treat others as you would like to be treated.

Code of conduct – Parent

- Cheer in a positive manner. Applaud quality play by all players. Avoid negative criticism.
- Avoid giving instructions and attempting to coach from the parents' sidelines. Parents' instructions can be confusing and possibly contrary to the coach's instruction.
- Show respect and courtesy to match officials. Do not audibly criticize the decisions of referees or assistant referees.
- Show respect and courtesy to opposing players, coaches and parents.
- Accept the results of each game and encourage your child to be gracious, regardless of the game outcome.
- Allow the coach to coach, the referee to officiate, and the players to play the game.

Competition – Leagues

- DL, GCSL, TPL, Buckeye & Cardinal Premier
 - Most teams compete in either of these leagues, depending on their level of play.
 - Typically, teams play 6-8 league matches a season.
- U12–14 CUP may play in State and Regional leagues
- Travel requirements
 - Most games are inside or within 15 miles of the I-275 loop
 - Some league games in TPL / Buckeye may be played in Lexington, Louisville, Columbus, Indianapolis, Cleveland
 - U13–14 CUP South MRL games may require significant travel

Competition – Tournaments

- CU Strives to Bring the Best Competition to Us (where appropriate for level of play)
 - Cincinnati United Cup
 - Elite Invitational
 - CU Fall Finale
- Travel requirements
 - Most events are played locally (Cincinnati, Dayton and Northern KY)
 - The amount of travel required for events will be influenced by the level of play
 - Individual teams and coaches along with DOCs will determine travel amount for older age groups

Competitive Program Fees

- Club Fee
 - Professional training and coaching costs
 - Administrative, Equipment and Facility costs
 - Director of Coaching costs
 - Program specific goalkeeper training
 - U8-14 Camp costs
 - Summer free play
- Team Fee
 - Tournaments Expenses; Referee Fees; Coach expenses, League fees
 - Winter training costs and additional facility rental fees
 - Note – Team Fees vary depending on number of matches, tournament fees, etc. Team fees are set by teams themselves.
- Futsal fee for CU League at Beechmont Racquet Club

[Uniforms]

- Jersey/Shorts/Socks
 - Uniform details will be made available at the team meeting
- Training gear – consistent colors at training is important to maintain professional appearance
 - Wearing uniforms at training is encouraged
 - Old gear from siblings
- Optional Gear
 - Optional CU gear is encouraged and will be made available to purchase through Soccer Village. These include: jackets, backpacks, warm-ups, and more.

[Volunteer Commitments]

- Each team family will be required to volunteer for 4 hours per season played. Volunteer hours can be met in a number of ways (ie. – tournaments, registration, field clean-up, etc)
- Parent Volunteers helps aid in the club continued success as well as shows support for the job that our Staff does.
- Team volunteers Needed (including but not limited to)...
 - Parent Team Administrator and/or Treasurer
 - Parent Coach or Assistant Coach
 - Fundraising Coordinator
 - Tournament Volunteer
 - Field set up and clean up
 - Social Coordinator
 - CU Bash Volunteer

[Fundraising]

- CU Bash
 - Dinner and dancing along with silent auctions and raffles
 - All proceeds benefit the club
- Kroger Card rebates back to the club
- Amazon
- Sponsorships
 - Tournaments
 - Try out t-shirts
 - Corporate / Other upon inquiry